

## K9 VITALS CARD

<b>Respirations:</b>	10-40 Breaths/Min
<b>Normal Pulse / Heart Rate:</b>	60 – 80 Beats/Min
<b>Post-Exercise Pulse:</b>	up to 130 Beats/Min
<b>Capillary Refill Time (CRT):</b>	< 2 seconds
<b>Mucous Membrane (MM) Color:</b>	Medium Pink (black pigment is normal)
<b>Normal Rectal Temperature:</b>	100 - 102.5°F
<b>Post-Exercise Rectal Temperature:</b>	103 - 106°F

STAGE OF SHOCK	HR*	CRT	MM	MENTATION	PULSE QUALITY	SBP
NORMAL ( <i>at rest</i> )	< 120	< 2 s	Pink	Bright, alert	Strong	> 90
ACUTE COMPENSATORY	> 120	< 1 s	Red	Normal	Fair	> 90
EARLY DECOMPENSATORY	> 140	> 2 s	Pale	Depressed	Weak	< 90
TERMINAL	< 80	absent	Pale	Obtunded	Absent	Low

*\* Normal values are for a RESTING state. Exercise/activity will result in higher HRs*